

Executive stretch

May 2010



Polar Challenge

The Arctic is one of the world's most beautiful but extreme environments. Temperatures drop as low as -50C and it is home to 80% of the world's Polar Bears. More people have stood on top of Everest than have set foot in this wilderness! Your challenge will be to ski across this harsh but beautiful environment pulling your supplies in pulks (sledges) to the 1996 location of the Magnetic North Pole and beyond.

All applicants receive full pre-race training in the UK and Norway, in addition to expert in-country training by some of the worlds most accomplished arctic professionals.

Provisional itinerary for the Arctic:

Day 1 – Heathrow – Ottawa - Overnight in Ottawa

Day 2 – Ottawa – Resolute Bay via Iqaluit (change planes) Late afternoon/early evening arrival into Resolute where you will be picked up and taken to your hotel - South Camp Inn

Day 3 – Training: a review on all the training you completed in Norway and the pre challenge events plus weapons training and Satellite phone familiarisation. You will also plan your route and prepare your food and fuel supplies.

Day 4/5 – Mini expedition around Resolute Bay to hone your skills.

Day 6 – Back from Mini expedition and prepare for the main event. Organise food, fuel and any last minute repairs or alterations. Evening (subject to weather and flights) fly out to CP2 (King Christian Island) which is the starting point.

Day 7-13 The real challenge skiing over the frozen ocean miles to the finish at Isachsen disused weather station.



Day 14 – Flight over the Arctic's stunning scenery back to Resolute and your Hotel

Day 15 – Resolute – Ottawa, overnight in Ottawa

Day 16 – Return to Heathrow

This challenge is suitable for everyone who has the drive and determination to succeed, so why wait...?

Register your interest at
info@executivestretch.co.uk